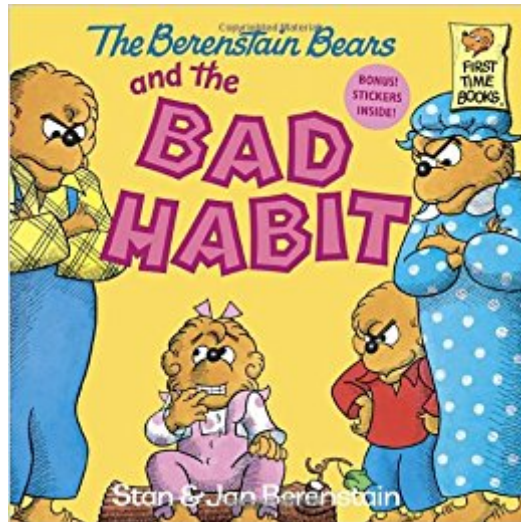




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# The Berenstain Bears And The Bad Habit



## Synopsis

This classic Berenstain Bears story is a perfect way to teach children about the importance of overcoming bad habits! Come for a visit in Bear Country with this classic First Time Book<sup>®</sup> from Stan and Jan Berenstain. Join Mama, Papa, and Brother, as they try and help Sister break a very bad habit . . . biting her nails. Will she manage to get her bad habit under control, or will she end up stuck as a nail nibbler? Includes over 50 bonus stickers!

## Book Information

Lexile Measure: AD690L (What's this?)

Paperback: 32 pages

Publisher: Random House Books for Young Readers; 37819th edition (1986)

Language: English

ISBN-10: 0394873408

ISBN-13: 978-0394873404

Product Dimensions: 8 x 0.1 x 8 inches

Shipping Weight: 0.3 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 237 customer reviews

Best Sellers Rank: #9,236 in Books (See Top 100 in Books) #54 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Parents #54 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #61 in Books > Children's Books > Animals > Bears

Age Range: 3 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

With help from Mama and Papa (who get a little advice from Grizzly Gran), Sister Bear learns to stop her nervous nail biting before it turns into a bad habit.

Stan and Jan Berenstain were already successful cartoonists for magazines and adult humor books when they began writing children's books. The first story starring the bear family, The Big Honey Hunt, appeared in 1962. Since then, more than 360 Berenstain Bears books have been published, and more than 300 million copies have been sold. What began as an idea sparked by their young sons' love of reading has become one of the best-selling children's book series ever.

I love the Berenstain Bears books for my kids. Such fun educational stories. My kids get very upset when I buy one of these books, but when I start reading they sit quietly next to me and then start bringing me other Berenstain Bears books to read. They do love them, we usually read about 3-5 books at a time.

We own many of the Bear Cub adventures, and always find Mama Bear to be a great Mama. This is a good title, but in my opinion a little too long on the build up to the bad dreams and too short of the "dealing with the bad dreams" and I was also sad to see NO "how not to have bad dreams" discussion. But we still like it, we still read it. My 4 year old "read" it to his stuffed monkey last night when the monkey didn't feel good and was resting. BB Learn About Strangers is a better one, dealing more completely with the issue of strangers whereas this one doesn't fully address bad dreams as I would like. However, most any BB cub adventure is well received in this home.

When my three-year old son started to have night terrors and really bad dreams, I tried to ask him to explain what he saw the next day but it was quite difficult. This book was the perfect book to explain what bad dreams or nightmares are to my child and try to help him understand that the images they see while there are asleep are only images based on what happened during the day. After reading this book to my son, his nightmares lessened and I had a good night's sleep from then on! :-)

My son really wanted this book. When it arrived I was a little disappointed it didn't offer any way to handle bad dreams other than to basically accept them and realize they aren't really real.

Based on other reviews I choose to purchase 2. I paired this with "Stop Thumb Sucking, Thumbbusters, Blue" and boy it has worked great!!! My 5 yr old would suck his thumb when he was: tired, sad, bored, anxious, etc. It got so bad that I caught him suckling his thumb in THE MIDDLE OF SOCCER PRACTICE!!! This has worked amazingly! We are using the star chart AND used \$0.25 prizes for reinforcing as suggested on the book. SUCCESS!!!! Hang in there parents!! There's light at the end of the tunnel ;)

Great book to read to my toddler as we try to conquer her nail biting habit. I'm so glad there is something out there like this!

Got for my grandchildren. They love to hear the stories and these books have good life lessons as

well.

Purchased for my grandsons - I think they are starting to catch on that I am starting to nag a bit. ;-)

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